



# FROZEN BANANA YOGURT POPS

## INGREDIENTS

BANANAS: 3

YOGURT: 3/4 CUP

SPRINKLES/TOPPINGS: 1 CUP

POPSICLE STICKS

## STEPS

1. Halve and peel each banana. Insert a popsicle stick into each banana half.
2. Dip bananas into yogurt, using a spoon to coat each banana evenly. Let excess yogurt drip off.
3. Place bananas on a plate covered in wax or parchment paper.
4. Freeze until the yogurt has hardened, about 2 hours. (Allow for more time if you would like the banana to be completely frozen).
5. Enjoy!

